

XLII G PRÉMIO DE S. JOÃO ÉVORA 22/06/2024

Pos	Dorsal	Nome	Equipa	Escalão	Tempo
1	296	João Baioa	Casa Benfica Reg Monsaraz	M SEN	00:32:14.007
2	245	Claudio Rodrigues	C.D.A.S.J	M40	00:32:34.207
3	218	André Lopes	Furões Do Alentejo	M SEN	00:34:37.237
4	178	João Charrua	Grupo Desportivo Diana /Évora	M40	00:35:12.213
5	277	Tiago Leal	Grecas	M SEN	00:35:26.463
6	53	Ilidio Janeiro	Barrocal Team	M45	00:35:52.463
7	250	Fernando Fraústo	Individual	M SEN	00:36:14.973
8	206	Paul Roothans	Individual	M SEN	00:36:38.467
9	190	João Ramalho	Individual	M SEN	00:36:45.967
10	147	João Figueiredo	Ingleses Fc	M SEN	00:36:54.220
11	226	Diogo Fernandes	Grupo Desportivo Diana /Évora	M SEN	00:36:59.467
12	88	Ernesto Zambujo	Grupo Desportivo Diana /Évora	M50	00:37:17.227
13	232	Emilia Piseiro	Individual	F35	00:37:35.967
14	112	Nelson Rosa	Grupo Desportivo Diana /Évora	M45	00:37:42.970
15	383	Cátia Pereira	Individual	F SEN	00:37:43.470
16	138	Nuno Romao	Gfd Running	M50	00:37:46.467
17	233	Raquel Cabaço	Clube Raquel Cabaço	F35	00:37:50.970
18	228	João André	Clube Raquel Cabaço	M35	00:37:53.727
19	311	Domingos Martins	Grecas	M SEN	00:38:52.707
20	310	Inês Pinto	Grecas	F SEN	00:38:52.713
21	329	Marco Ribeiro	Casa Benfica Reg Monsaraz	M35	00:39:00.953
22	343	Ângelo Infante	Casa Benfica Reg Monsaraz	M40	00:39:07.473
23	219	Daniel Calvão	Individual	M SEN	00:39:10.970
24	127	António Boné	Run Tejo - Prevent Sprain	M SEN	00:39:14.203
25	225	Carolina Escada	Grupo Desportivo Diana /Évora	F SEN	00:39:19.223
26	117	Helder Alvalade	Clube Raquel Cabaço	M50	00:39:40.723
27	369	Vanessa Silva	Gdcrm	F35	00:39:42.973
28	150	Paulo Galego	Individual	M55	00:39:43.700
29	157	Bruno Urbano	Ontrisports	M SEN	00:40:07.473
30	134	Antonio Murteira	G D Ribeira Da Lage	M55	00:40:15.223
31	324	Hélio Barrelas	Associação De Jovens Da Landeira	M40	00:40:27.480
32	205	Bruno Heleno	Individual	M40	00:40:27.973
33	249	João Parreira	João & Joana Parreira, Lda	M SEN	00:40:34.477
34	16	Luis Parreira	Trail Do Texugo	M45	00:40:40.477
35	314	Pedro Amaral	Individual	M SEN	00:40:43.690
36	385	Nuno Corchado	Grupo Desportivo Diana /Évora	M50	00:40:47.190
37	367	Sérgio Assis	G.D.Pavia	M45	00:40:51.477
38	95	Ildefonso Barreiros	Grupo Desportivo Diana /Évora	M60	00:41:27.233
39	354	Ivano Rivolta	Pol. Team Brianza	M55	00:41:35.687
40	128	Luis Rebelo	Caac	M60	00:41:45.440
41	262	Alexandre Anjos	Evora Night Runners	M SEN	00:41:49.227
42	282	Rui Gamado	Individual	M SEN	00:41:54.683

43	14	Luís Almeida	Individual	M35	00:41:54.977
44	41	Jorge Dias	Clube Raquel Cabaço	M45	00:41:56.977
45	362	José Coelho	Individual	M55	00:42:01.727
46	29	David Rosmaninho	Ciquelistas Sem Gps	M SEN	00:42:16.727
47	347	Joao Zorro	Individual	M40	00:42:22.977
48	28	Jhonathan Paim	Individual	M SEN	00:42:28.430
49	229	Carlos Pelica	Individual	M35	00:42:28.977
50	75	Pedro Pereira	B V MONTEMOR	M45	00:42:30.987
51	72	José Saias	Clube Raquel Cabaço	M45	00:42:39.177
52	244	Afonso Marques	Individual	M JUN	00:42:52.230
53	358	André Nepomuceno	Grupo Desportivo Diana /Évora	M JUN	00:43:18.987
54	2	Nélio Antunes	Individual	M40	00:43:23.480
55	24	João Barrulas	Individual	M60	00:43:28.480
56	318	Paula Ramalho	Casa Benfica Reg Monsaraz	F55	00:43:32.230
57	266	André Carona	Individual	M35	00:43:33.980
58	101	Hugo Seixas	Evora Night Runners	M SEN	00:43:35.247
59	242	Ricardo Manita	B V MONTEMOR	M35	00:43:35.980
60	338	José Comenda	Correr Em Giesta/Gdug	M50	00:43:47.730
61	300	Nuno Mendes	Le(G)S Misérables	M45	00:43:52.987
62	313	Nuno Valente	Bacia Barber Shop	M40	00:44:00.917
63	51	Nelson Cota	Grupo Desportivo Diana /Évora	M40	00:44:05.730
64	71	Hugo Figueiredo	Azaruja Team Trail	M35	00:44:12.733
65	121	Jorge Deus	Individual	M SEN	00:44:19.483
66	170	Rodrigo Silva	Clube Raquel Cabaço	M40	00:44:28.733
67	86	Joaquim Freitas	B V MONTEMOR	M45	00:44:29.733
68	208	Michel Machado	Individual	M SEN	00:44:39.483
69	116	Hugo Sobral	Individual	M SEN	00:44:43.990
70	220	Jose Perdigao	Alandroal United Runners	M35	00:44:45.483
71	169	Francisco Romão	Gd Baronia	M50	00:44:52.983
72	126	Ana Rebelo	Run Tejo - Prevent Sprain	F SEN	00:44:56.483
73	337	Paulo Delgado	Individual	M35	00:44:56.733
74	217	João Rato	Individual	M SEN	00:44:56.800
75	257	Julio Paulo	ETST ANTÓNIO	M50	00:44:57.483
76	269	Carlos Travanca	Individual	M35	00:45:05.763
77	27	Ana Lourido	Evora Night Runners	F40	00:45:07.733
78	330	Nuno Correia	Trail Do Texugo	M55	00:45:07.983
79	192	Tiago Marques	Casa Benfica Reg Monsaraz	M45	00:45:08.483
80	132	João Lóios	Clube Raquel Cabaço	M SEN	00:45:09.667
81	93	Luís Dias	Clube Raquel Cabaço	M40	00:45:14.493
82	9	Antonio Barreto	Individual	M55	00:45:16.483
83	299	António Catronga	Casa Benfica Reg Monsaraz	M65	00:45:18.983
84	382	Francisco Mamedew	Turvida, Transportes Lda	M SEN	00:45:27.737
85	235	Carmen Safara	Individual	F40	00:45:38.237
86	288	Apolo Pereira	Tem El Comandante	M50	00:45:46.487
87	303	José Ambrósio	Individual	M SEN	00:46:01.737

88	131	Catarina Varela	Clube Raquel Cabaço	F SEN	00:46:03.023
89	290	Rafael Caeiro	Barrocal Team	M SEN	00:46:14.147
90	153	Paulo Ferreira	Bolinhas Runners	M40	00:46:15.987
91	273	Diogo Grave	Individual	M35	00:46:17.987
92	40	Maria Rebola	Grupo Desportivo Diana /Évora	F45	00:46:21.237
93	182	Miguel Poeira	Insane Évora Team	M SEN	00:46:34.253
94	173	João Calado	Bravos Do Pombal	M SEN	00:46:34.487
95	376	Pedro Cruz	Individual	M SEN	00:46:35.237
96	224	Joaquim Pereira	Correr Em Évora	M60	00:46:38.987
97	333	Tiago Belo	Clube Raquel Cabaço	M40	00:46:41.737
98	268	Sara Campos	Família Malato Campos	F50	00:46:47.237
99	155	Tomás Rego	Individual	M SEN	00:46:57.393
100	82	Antonio Malhão	B V MONTEMOR	M55	00:47:00.487
101	263	Jorge Arronches	Furões Do Alentejo	M40	00:47:11.487
102	111	Carlos Alexandre	Trilhos & Outros	M40	00:47:16.240
103	139	Sergio Borralha	Clube Raquel Cabaço	M45	00:47:17.240
104	69	Maude Clere	Clube Raquel Cabaço	F35	00:47:17.247
105	163	Samuel Pereira	Individual	M SEN	00:47:17.740
106	65	Abilio Catarro	B V MONTEMOR	M65	00:47:23.740
107	332	Carlos Oliveira	Correr Em Giesta/Gdug	M45	00:47:23.753
108	297	Manuel Ambrósio	Individual	M50	00:47:26.240
109	91	Luís Ribeiro	Evora Night Runners	M35	00:47:30.990
110	284	Pedro Oliveira	Furões Do Alentejo	M40	00:47:30.997
111	67	Ivan Carvalho	Individual	M45	00:47:39.490
112	246	Filipa Cabral	Individual	F35	00:47:40.490
113	387	Luís Teves	Individual	M35	00:47:41.490
114	261	Alexandre Simoes	Individual	M SEN	00:47:41.903
115	195	Jessica Bello	Ceia	F35	00:47:44.397
116	180	Alexandre Pilirito	Bravos Do Pombal	M SEN	00:47:47.990
117	43	Patrícia Boieiro	Clube Raquel Cabaço	F35	00:47:48.990
118	44	André Coincas	Clube Raquel Cabaço	M40	00:47:49.990
119	375	António Loução	Individual	M40	00:47:51.490
120	187	José Bernardino	Individual	M45	00:47:58.490
121	120	Vitor Leite	Individual	M SEN	00:48:21.240
122	25	António Caritas	Individual	M45	00:48:22.490
123	87	Carlos Mestrinho	B V MONTEMOR	M50	00:48:26.490
124	99	Luís Avó	Individual	M45	00:48:51.490
125	70	António Fernandes	Individual	M65	00:48:52.760
126	47	Carlos Rosado	Clube Rugby Juromenha	M55	00:48:54.993
127	129	André Rego	Individual	M JUN	00:48:56.240
128	258	Luis Silva	Gamenhosteam	M35	00:49:06.743
129	154	António Valente	Barbaris Team	M40	00:49:10.743
130	185	Luis Miguens	Individual	M SEN	00:49:16.493
131	359	José Banha	Individual	M SEN	00:49:19.743
132	106	Luís Oliveira	Pedais Do Raia	M45	00:49:24.007

133	136	António Montalto	Individual	M35	00:49:25.993
134	345	Nélio Freixo	Furões Do Alentejo	M40	00:49:40.243
135	334	Tito Concha	Evora Night Runners	M40	00:49:40.493
136	171	Luís Miguel	Sabugueironroad	M45	00:49:43.247
137	254	Diogo Mendonça	Individual	M SEN	00:49:44.243
138	323	Pedro Tira-Picos	Sabugueironroad	M35	00:49:47.743
139	172	Francisco Castro	Bravos Do Pombal	M SEN	00:49:51.743
140	295	Daniel Serrano	Zovak	M SEN	00:49:53.243
141	327	Tomas Azevedo	Zovak	M SEN	00:49:53.250
142	291	João Costa	Zovak	M SEN	00:49:53.500
143	107	João Valente	Individual	M40	00:49:53.993
144	315	Nuno Soares	Aminata	M50	00:49:59.493
145	308	Vasco Rato	Família Malato Campos	M SEN	00:50:06.247
146	214	Luís Galrito	Individual	M35	00:50:21.497
147	118	Henriques Simao	Individual	M50	00:50:21.503
148	176	André Pilirito	Bravos Do Pombal	M SEN	00:50:23.497
149	357	Rute Oliveira	Grupo Desportivo Diana /Évora	F45	00:50:27.747
150	370	Frederico Carvalho	Individual	M45	00:50:37.247
151	203	Ricardo Silva	Individual	M SEN	00:50:37.873
152	31	Eonio Trindade	Piense/Projea Running Team	M40	00:50:41.497
153	317	Paula Marques	G.D.Pavia	F45	00:50:50.497
154	81	António Gaspar	B V MONTEMOR	M60	00:51:01.113
155	204	Raquel Coimbra	Insane Évora Team	F SEN	00:51:01.497
156	22	José Mendes	Individual	M40	00:51:02.747
157	252	Junior Fernandes	Ceiaa_Lusers	M40	00:51:04.497
158	133	Fernanda Camacho	G D Ribeira Da Lage	F50	00:51:06.877
159	373	Diogo Domingos	Individual	M SEN	00:51:09.497
160	158	Carolina Carvalho	Individual	F35	00:51:12.247
161	278	Vitor Nogueira	Universidade De Evora	M50	00:51:16.247
162	160	Luis Canelas	G.D.Pavia	M35	00:51:16.497
163	344	Silvia Campos	Casa Benfica Reg Monsaraz	F45	00:51:18.247
164	196	Ricardo Ribeiro	Evora Night Runners	M45	00:51:21.007
165	364	Ana Barreto	Clube Raquel Cabaço	F40	00:51:25.747
166	61	Ana Dias	Clube Raquel Cabaço	F40	00:51:28.247
167	365	Pedro Caetano	Aminata	M SEN	00:51:31.247
168	49	Rogério Conceição	Individual	M60	00:51:32.610
169	236	Luis Silva	Individual	M SEN	00:51:46.250
170	216	Maria Correia	Azaruja Btt	F45	00:51:47.997
171	143	João Costa	Evora Night Runners	M50	00:51:49.497
172	292	Vanda Bragança	Be Running	F45	00:51:51.503
173	293	Cátia Pinto	Be Running	F35	00:51:51.747
174	256	Paulo Quaresma	Universidade De Evora	M55	00:51:54.747
175	78	Maria Lopes	B V MONTEMOR	F45	00:52:03.250
176	45	Catarina Duarte	Clube Raquel Cabaço	F SEN	00:52:08.000
177	388	Anjos Moreira	Grupo Desportivo Diana /Évora	F50	00:52:12.500

178	105	Gil Remédios	Individual	M45	00:52:13.250
179	34	Sandra Estrada	Clube Raquel Cabaço	F SEN	00:52:13.510
180	230	João Aires	Clube Raquel Cabaço	M50	00:52:13.603
181	202	João Aires	Individual	M35	00:52:15.500
182	346	Jessica Silva	Individual	F SEN	00:52:23.500
183	74	Manuel Antonio	B V MONTEMOR	M65	00:52:54.503
184	283	David Paulo	Correr Em Évora	M35	00:53:04.000
185	386	Armando Lacerda	Grupo Desportivo Diana /Évora	M65	00:53:14.003
186	280	Joao Mendes	Individual	M55	00:53:27.753
187	360	Luis Massano	Clube Raquel Cabaço	M45	00:53:39.253
188	48	Liliana Cerca	Clube Raquel Cabaço	F40	00:53:46.260
189	130	Joao Rego	Individual	M50	00:53:47.253
190	274	Filipa Vilallonga	Clube Raquel Cabaço	F40	00:53:51.503
191	276	Nelson Garcia	Clube Raquel Cabaço	M40	00:53:52.253
192	285	Diogo Prates	Individual	M JUN	00:53:52.503
193	267	José Campos	Família Malato Campos	M65	00:53:53.503
194	57	Hugo Carrageta	ETST ANTÓNIO	M40	00:54:03.010
195	350	Alexandre Caraça	Individual	M JUN	00:54:05.253
196	326	Paulo Caraça	Individual	M45	00:54:09.753
197	137	Célia Ferro	Clube Raquel Cabaço	F45	00:54:15.253
198	7	Miguel Alves	Physicalworkout	M40	00:54:24.253
199	30	Cláudia Margalha	Clube Raquel Cabaço	F45	00:54:28.253
200	76	Maria Rodrigues	B V MONTEMOR	F45	00:54:30.253
201	301	Maria Carochinho	Clube Raquel Cabaço	F40	00:54:37.753
202	12	Paula Pina	Individual	F45	00:54:39.760
203	336	Maria Rosário	Correr Em Évora	F50	00:54:59.757
204	85	Elisabete Picanço	B V MONTEMOR	F45	00:55:05.083
205	102	Gonçalo Silva	Insane Évora Team	M SEN	00:55:06.513
206	177	Fernando Fernandes	Apogma	M60	00:55:07.257
207	193	Alfredo Cime	Individual	M SEN	00:55:10.767
208	309	Patrícia Prates	B V MONTEMOR	F SEN	00:55:16.507
209	342	Nuno Pinheira	Individual	M SEN	00:55:19.257
210	289	Nuno Mota	Run & Win(E)	M40	00:55:24.513
211	100	Joaquim Rabasqueira	Evora Night Runners	M45	00:55:28.007
212	325	Rui Espada	Chaparritos	M45	00:55:38.007
213	348	Helder Silvestre	Insane Évora Team	M50	00:55:39.257
214	114	Ricardo Pereira	Individual	M SEN	00:55:40.507
215	272	Ricardo Alves	Individual	M35	00:56:00.507
216	239	Nuno Henriques	Individual	M50	00:56:00.517
217	355	Joaquim Santos	B V MONTEMOR	M45	00:56:03.507
218	26	Paulo Teigão	Evora Night Runners	M50	00:56:08.323
219	210	Ismael Poeta	Individual	M40	00:56:12.507
220	58	Rui Amante	Individual	M45	00:56:16.007
221	109	Raquel Raposo	Foros De Vale De Figueira F Clube	F SEN	00:56:19.007
222	83	Vanda Charrua	B V MONTEMOR	F40	00:56:19.017

223	110	Jorge Raposo	Foros De Vale De Figueira F Clube	M55	00:56:29.517
224	141	João Franjoso	Turvida, Transportes Lda	M SEN	00:56:31.007
225	146	Liliana Soares	Sharish Gin - Gd Piranhas Do Alque	F40	00:56:32.010
226	103	Andrea Valadas	Individual	F45	00:56:36.757
227	6	Hugo Rebocho	Evora Night Runners	M40	00:56:37.320
228	366	Jorge Gois	Newmove	M50	00:56:37.507
229	68	António Serra	Evora Night Runners	M60	00:56:45.010
230	73	Luis Sousa	Individual	M45	00:56:47.010
231	241	Tiago Dias	Individual	M35	00:56:48.010
232	3	José Branco	Zeggen	M45	00:56:52.817
233	113	Luís Grachinha	Individual	M50	00:56:56.817
234	316	Felipe Pepe	Clube Raquel Cabaço	M40	00:57:07.010
235	189	Sara Santos	B V MONTEMOR	F SEN	00:57:32.260
236	186	João Chambino	Evora Night Runners	M45	00:57:36.767
237	39	Alexandre Rego	Clube Raquel Cabaço	M35	00:57:46.010
238	231	Paula Paulino	Clube Raquel Cabaço	F50	00:57:51.013
239	149	Luis Rato	Universidade De Evora	M55	00:58:10.560
240	372	Sandra Vieira	G.D.Pavia	F35	00:58:14.763
241	135	Nelson Dias	Associação Cultural Sambrasense	M45	00:58:22.013
242	265	Jarina Santos	Individual	F35	00:58:45.060
243	307	Patrícia Brites	Individual	F SEN	00:58:46.767
244	306	Patrícia Pardal	Coaal - Clube Orientação A Alentejo	F SEN	00:58:46.780
245	305	Inês Campos	Família Malato Campos	F SEN	00:58:55.263
246	238	Cátia Morgado	Individual	F SEN	00:58:58.513
247	17	Fabio Patricio	Individual	M40	00:59:00.763
248	335	Ana Nunes	Individual	F40	00:59:01.013
249	248	Salete Nepomuceno	ETST ANTÓNIO	F50	00:59:11.513
250	199	Maria Verdasca	Evora Night Runners	F45	00:59:13.013
251	168	Fernando Rocha	Individual	M40	00:59:16.013
252	356	Mário Batista	B V MONTEMOR	M50	00:59:22.013
253	251	Guilherme Lariu	Ceiia_Lusers	M45	00:59:23.797
254	194	Angel Bello	Ceiia_Lusers	M45	00:59:54.267
255	151	Beatriz Peixe	Individual	F SEN	01:00:02.330
256	281	Filipa Monteiro	Evora Night Runners	F45	01:00:03.017
257	188	Esperança Bonito	Evora Night Runners	F50	01:00:03.767
258	339	Margarida Piteira	Clube Raquel Cabaço	F JUN	01:00:04.767
259	322	Daniel Nunes	Ceiia_Lusers	M35	01:00:15.267
260	381	Cristina Correia	Mexe-Te	F50	01:00:24.297
261	270	Manuel Pereira	Insane Évora Team	M50	01:00:38.770
262	243	Ana Augusto	B V MONTEMOR	F SEN	01:00:39.517
263	294	Bruno Lourenço	Individual	M45	01:00:40.270
264	389	Luís Barbas	Be Running	M JUN	01:00:43.017
265	54	José Garcez	Evora Night Runners	M45	01:00:45.767
266	152	Sonia Vicente	Individual	F SEN	01:00:46.767
267	331	Maria Barreto	Trail Do Texugo	F50	01:01:01.767

268	84	Teresa Margarida	B V MONTEMOR	F SEN	01:01:08.517
269	304	Ana Racha	Individual	F50	01:01:10.770
270	223	Isabel Nunes	Individual	F SEN	01:01:39.770
271	13	Hugo Pina	Individual	M50	01:01:48.023
272	264	Raquel Siquenique	Individual	F SEN	01:01:49.020
273	156	Rita Pulga	Insane Évora Team	F SEN	01:01:50.020
274	227	Catarina Alves	Individual	F SEN	01:01:52.270
275	167	Maria Machado	Individual	F40	01:02:56.270
276	221	Carla Mendes	Sasue	F50	01:02:57.270
277	46	Alfredo Fernandes	Evora Night Runners	M60	01:03:21.520
278	77	Susana Espada	B V MONTEMOR	F35	01:03:22.020
279	320	Marta Oliveira	Individual	F SEN	01:03:24.777
280	271	Amanda Rosa	Individual	F SEN	01:03:48.523
281	302	Carlos Amador	Clube Raquel Cabaço	M50	01:04:11.773
282	353	Filipa Oliveira	Gdcr Graça Do Divor	F40	01:04:22.527
283	374	Francisco Linhol	Individual	M65	01:04:56.277
284	80	Hortense Faria	B V MONTEMOR	F60	01:04:57.027
285	351	Fátima Piteira	Gdcr Graça Do Divor	F45	01:04:57.033
286	352	Sónia Charrua	Gdcr Graça Do Divor	F50	01:04:57.040
287	287	Mafalda Quaresma	Evora Night Runners	F40	01:05:24.777
288	183	Francisco Mata	Individual	M65	01:06:24.030
289	164	Catarina Nunes	Individual	F SEN	01:06:48.280
290	115	Carlos Malheiro	Individual	M65	01:07:13.030
291	213	Ana Carapinha	Individual	F45	01:07:16.780
292	197	Faustina Reis	Piense/Projea Running Team	F35	01:07:19.780
293	361	Luciana Carzaniga	Individual	F55	01:07:49.780
294	10	Renato Salgueiro	Piense/Projea Running Team	M40	01:08:02.533
295	60	Lídia Borrego	Individual	F40	01:08:31.287
296	79	Vitoria Courelas	B V MONTEMOR	F65	01:08:32.783
297	59	Nuno Casimiro	Individual	M35	01:08:33.037
298	55	Inês Roma	Individual	F SEN	01:09:24.787
299	260	Márcia Horta	Individual	F SEN	01:09:53.537
300	161	Filipa Serranito	Individual	F SEN	01:10:14.787
301	162	António Boieiro	Individual	M SEN	01:10:14.793
302	50	Raquel Lopes	Evora Night Runners	F55	01:10:34.787
303	191	Maria Rosa	Atlético Clube De Montemor	F50	01:11:20.790
304	66	João Candeias	Individual	M55	01:12:05.790
305	92	Catarina Candeias	Individual	F SEN	01:12:05.797
306	56	Ana Carrageta	ETST ANTÓNIO	F40	01:12:27.040
307	18	Diana Galinhola	Individual	F JUN	01:12:27.290
308	159	Megan Guerra	Individual	F SEN	01:12:55.447
309	181	Cristina Poeira	Insane Évora Team	F60	01:14:41.047
310	321	João Ferreira	Individual	M SEN	01:17:14.800